

# **C.Y.A.A. Required Annual Coach Concussion Training**

## **Centers for Disease Control HEADS UP to Youth Sports: Online Training**



<https://headsup.cdc.gov/>

Information about the online training:  
<https://www.cdc.gov/headsup/youthsports/training/>

### **Directions:**

**Prior to the start of season play, all coaches will take the CDC's Heads Up to Youth Sports Concussion training.**

- 1. Access the Heads Up training site (<https://headsup.cdc.gov/>)**
- 2. Click on the Login – Register button.**
- 3. Login or create a new account (if you have an account and forgot your password, follow the link to recover it).**
- 4. The first time you create an account, you will receive an email to validate your account. Click the link in the email as indicated.**
- 5. Click Launch Training and begin.**
- 6. Follow all instructions to complete the course.**
- 7. When you have completed the course, PRINT the certificate.**
- 8. Give the printed certificate to your school's Athletic Director.**