

C.Y.A.A. Required Annual Coach Concussion Training

Centers for Disease Control HEADS UP to Youth Sports: Online Training



<https://headsup.cdc.gov/>

Information about the online training:

<https://www.cdc.gov/headsup/youthsports/training/>

Directions:

Prior to the start of season play, all coaches will take the CDC's Heads Up to Youth Sports Concussion training.

1. Access the Heads Up training site (<https://headsup.cdc.gov/>)
2. Click on the Login – Register button.
3. Login or create a new account (if you have an account and forgot your password, follow the link to recover it).
4. The first time you create an account, you will receive an email to validate your account. Click the link in the email as indicated.
5. Click Launch Training and begin.
6. Follow all instructions to complete the course.
7. When you have completed the course, **PRINT** the certificate.
8. Give the printed certificate to your school's Athletic Director.